

**Cancer Prevention** 

and Health Promotion

Coalition

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### La prueba de detección de cáncer colorrectal salva

Si tiene 50 años de edad o más, ihacerse la prueba de detección de cáncer colorrectal puede salvar su vida!

El cáncer colorrectal generalmente empieza con pólipos o crecimiento en el colon o en el recto.

Con el transcurso del tiempo, algunos pólipos pueden convertirse en cáncer. La prueba de detección puede encontrar pólipos, así podrán eliminarse antes de que se conviertan en cáncer.

La prueba de detección detecta el cáncer colorrectal de forma temprana y aumentan las posibilidades de

1-800-CDC-INFO (1-800-232-4636)

#### **Colorectal Cancer Screening Saves Lives**



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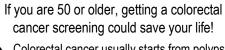
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If you are 50 or older, getting a colorectal cancer screening could save your life!

- ◆ Colorectal cancer usually starts from polyps or growth in the colon or rectum.
- Over time, some polyps can turn into cancer. Screening can find polyps, so they can be removed before they turn into cancer.
- Screening tests find colorectal cancer early and increase the chance of being cured.

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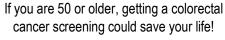
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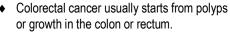
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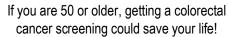
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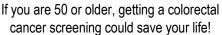
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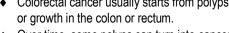


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**Symptoms of Colorectal Cancer:** A person can have polyps or colorectal cancer without having symptoms. When there are symptoms, they include:

- Bloody, black, or narrow stools (bowel movement).
- ♦ Pains, aches, or cramps in stomach that don't go away.
- Unexpected weight loss.
- If you have any of these symptoms tell your doctor. They may be cause by something other than cancer.
- Free screening may be available. Check this website:

www.suffolkcountyny.gov/cancerawareness

Prevention is the best medicine. Research shows that 45 percent of colorectal cancers can be prevented through diet, physical activity and maintaining a healthy weight.

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